

RYA Sailing Weekend

Kit List

Everyone

- ☐ Change of clothes for after sailing
- ☐ Warm Jumper
- ☐ Warm coat
- ☐ 1 pair of shoes for land (dry)
- ☐ 1 pair of shoes for sailing (preferably water-shoes/wetsuit boots or old trainers as they may be damaged by water) **Please note that flip-flops or croc style shoes are NOT suitable for sailing**
- ☐ Swimming costume /rash vest (or t-shirts) to wear under a wetsuit
- ☐ Sun hat, warm hat and sailing gloves (gloves optional)
- ☐ Waterproof jacket / cagoule & trousers (we can supply if required)
- ☐ If you own a wetsuit please bring it, if not one will be supplied during the week
- ☐ One old towel for wet / muddy
- ☐ One towel for showering
- ☐ Reusable drinks bottle (not glass)
- ☐ Sun cream
- ☐ Small rucksack / bag
- ☐ Labelled bin bags for wet and dirty clothing
- ☐ RYA logbook (if already owned, if not, one will be provided)
- ☐ Any Medication required (labelled & named)

Residential

- ☐ Nightwear / Pyjamas
- ☐ Clothes for each day
- ☐ Wash bag (including soap, shampoo and toothpaste)
- ☐ Sleeping Bag
- ☐ Single bottom sheet
- ☐ Pillow

All specialist equipment will be provided.

All clothing items should be named to avoid loss and should be packed in a kit bag that should be labelled and named. It is strongly advised that valuable items are left at home. Essex Outdoors Bradwell takes no responsibility for the loss or damage of personal items.

Lost property is kept for 3 weeks before being disposed of

If you have any queries about your course, please do not hesitate to contact us on 01621 776 256 or email Bradwell@essexoutdoors.com